



FOGSI

East Zonal Conference with YUVA 2024

Mayfair Tea Resort, Siliguri

Theme:

Lesser Interventions & Yet, Better Outcome in Ob/Gyn



East Zone
YUVA FOGSI 2024



20

21

22

DECEMBER



Hosted By: **Siliguri Obstetrics & Gynaecological Society**

www.ezyf2024.com



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President FOGSI



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Dr Tapas Bhattacharya

Welcome Message

Dear Esteemed Participants,

On behalf of the Organizing Committee, it is with great pleasure that we extend a warm welcome to you for the forthcoming **FOGSI East Zone Conference with YUVA 2024**, hosted by the **Siliguri Obstetrics and Gynaecological Society**

Mark your calendars for an enriching experience on **20th, 21st and 22nd December 2024** at the exquisite **Mayfair Tea Resort in Siliguri, West Bengal**. This conference promises to be a pivotal platform for knowledge exchange, collaboration, and professional growth under the **Theme: Lesser Interventions & Yet, Better Outcome in Ob/Gyn**

At **FOGSI East Zone Conference with YUVA 2024**, we aspire to create an environment where ideas flourish, innovations thrive, and friendships blossom. Our Esteemed Speakers and Panelists, drawn from diverse backgrounds and expertise, will illuminate the latest advancements, trends, and challenges in our field.

Amidst the serene ambiance of Mayfair Tea Resort, nestled amidst the breathtaking landscapes of Siliguri, we invite you to immerse yourselves in stimulating discussions, hands-on workshops, and networking opportunities that are sure to leave an indelible mark on your professional journey.

As we embark on this collective voyage of learning and discovery, let us forge new connections, seize new opportunities, and chart a course towards excellence in obstetrics and gynaecology.

Once again, welcome to **FOGSI East Zone Conference with YUVA 2024**. Together, let us illuminate the path towards a brighter future for women's health.

Warm regards,

Organizing Committee

FOGSI East Zone Conference with YUVA 2024

FOGSI Team 2024



Dr Jaydeep Tank
President FOGSI



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Pre-Conference Workshops (20 December)

Pre-Lunch Workshops

- 1 **Cosmetic Aesthetic and Regenerative Workshop**
- 2 **Endoscopy Workshop**
- 3 **Birthing Skills and Management of Complications**
- 4 **Sharpening Infertility Management Skills**
- 5 **Dealing with the Extremes of Age Workshop**

Post-Lunch Workshops

- 1 **Fetal Medicine Workshop**
- 2 **Awareness of Preventive Oncology - the best way to Preserve the Uterus**
- 3 **Medicolegal and Violence against HCW**
- 4 **Critical Care Workshop**
- 5 **Breast health, Lactation and Contraception**

Abstract Submission

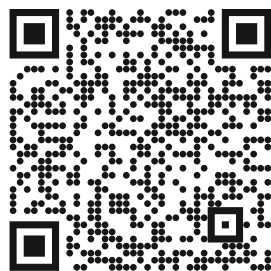
Categories for Abstract Submission

- **Obstetrics**
- **Gynaecology**
- **Gyne-Oncology**
- **Infertility**
- **Fetal Medicine**

Abstract Submission
Last Date 10th November

SUBMIT NOW

Scan QR Code
To Submit Abstract



Session	Topic
Session 1	To-be Pregnant to Early Pregnancy
	Importance of Peri-conceptual Care in today's Perspective
	Abdominal Pain in 1 st Trimester
	Abortions in Difficult Cases
Session 2	High-risk Pregnancies
	Cholestasis of Pregnancy
	Cardiac Assessment for the Obstetricians
	Cervical Length & its Significance
Session 3	Panel
	Hypertensive Disorder in Pregnancy
Session 4	Key Note Address
Session 5	Oration
	Instrumental Vaginal Delivery - Odon Device
Session 6	Oration
Session 7	Oration
LUNCH BREAK	
Session 8	Expect the Unexpected
	Cornual Pregnancy
	Scar Pregnancy
	Pregnancy of Unknown Location
Session 9	Key Note Address
Session 10	Panel
	Gestational Diabetes Mellitus
ENTERTAINMENT PROGRAM	



Session	Topic
Session 1	Pelvic Infections
	Pelvic Pain - Conservative Approach
	Newer Management Options for Vaginal Discharge
	Vaginal Pruritis
Session 2	Recent Advances
	Recent Advances in Management of AUB
	Recent Advances in Management of Thyroid Disorders
	PCOS Concerns & Remedies
Session 3	Debate
	Is Hysteroscopy a must in evaluation of AUB - Yes / No?
Session 4	Debate
	Management of Fibroid Uterus - Medical / Surgical?
Session 5	Key Note Address
	Paradigm Shift in the Management of Endometriosis
	Evolution in Laparoscopic Pelvic Floor Repair
Session 6	Oration
	Instrumental Vaginal Delivery - Odon Device
Session 7	Oration
Session 8	Oration
LUNCH BREAK	
Session 9	Adolescent Health
	Endometriosis in Adolescents
	Adolescent Health Issues
	Clinico-pathological Basis of Managing Secondary Amenorrhea
Session 10	Key Note Address
Session 11	Panel
	Adenomyosis

21 December, 2024 (Saturday) | HALL C - INFERTILITY (Pre-Lunch)

Session	Topic
Session 1	Basics in Infertility
	Ovulation Induction
	Male Infertility
	Adjuvants for Poor Responders
Session 2	Beyond the Basics
	Premature Ovarian Failure
	Embryologist's Role in Improving Recurrent Implantation Failure
	ART Law - What we need to Understand?
Session 3	Panel
	Optimizing IUI Results
Session 5	Key Note Address
	The Art of ART
Session 6	Oration
	Instrumental Vaginal Delivery - Odon Device
Session 7	Oration
Session 8	Oration
LUNCH BREAK	

21 December, 2024 (Saturday) | HALL C - COSMETIC GYNAECOLOGY (Post-Lunch)

Session	Topic
Session 1	Basics of Aesthetic Medicine
	Vaginismus - Let's Talk Solutions
	Setting-up and Functioning of an Aesthetic Clinic
	Aesthetic Gynaecology & Sexuality
Session 2	Interventions in Cosmetic Gynaecology
	Lasers in Vaginal Rejuvenation
	Radiofrequency and it's Magic
	Surgical Vaginal Rejuvenation
Session 3	Panel
	Her Unspoken Problems

21 December, 2024 (Saturday) | HALL D - FETAL MEDICINE (Pre-Lunch)

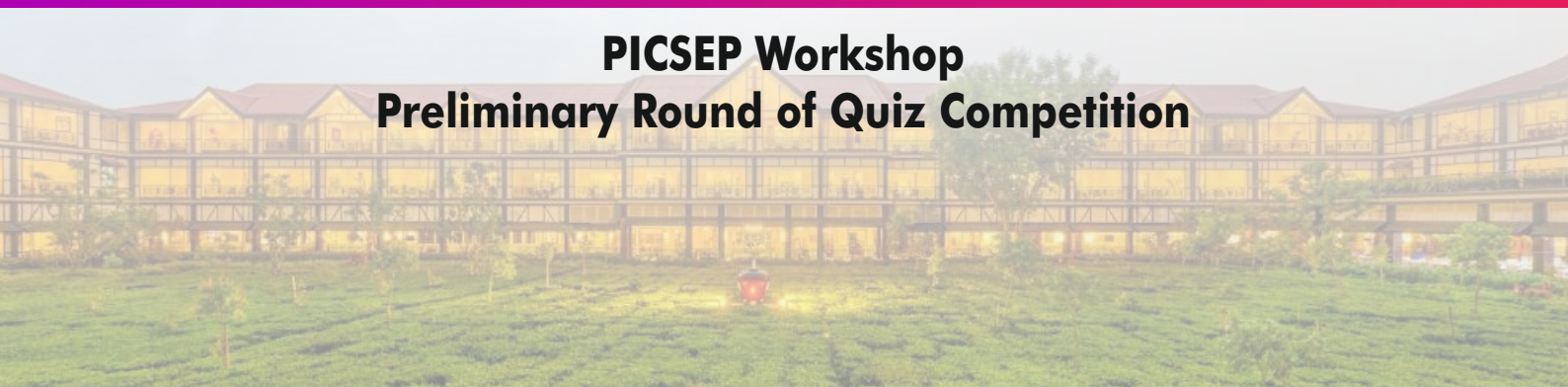
Session	Topic
Session 1	Looking for the Normal Fetus
	Expanding Horizons of 1 st Trimester Fetal Clinic
	Screening for Problems in Monochorionic Twins
	Screening for Fetal Anomalies in 3 rd Trimester
Session 2	Fetal Interventions
	Do's & Don't's in Prenatal Invasive Procedures
	Pros & Cons of Multi-fetal Reduction
	Management of Rh Isoimmunisation
Session 3	Panel
	FGR Surveillance in Low Resource Settings
Session 4	Key Note Address
	Screening for Pre-eclampsia in 1 st Trimester - Prediction & Prevention
	Is Non-Invasive Fetal Screening the Way Forward?
Session 5	Oration
	Instrumental Vaginal Delivery - Odon Device
Session 6	Oration
Session 7	Oration
LUNCH BREAK	
INTERNATIONAL SPEAKERS - RECORDED SESSIONS	

21 December, 2024 (Saturday) | HALL E (Pre-Lunch)

Free Paper / Poster Session

21 December, 2024 (Saturday) | HALL E (Post-Lunch)

PICSEP Workshop Preliminary Round of Quiz Competition



Session	Topic
Session 1	Preterm Labour
	Magnesium Sulfate for Neuroprotection
	Role of Tocolytics
	Tricks of Immediate Resuscitation & Counselling
Session 2	Management of Labour
	Advances in Management of Ruptured Membranes
	Labour Analgesia
	Labour Dystocia - What's new?
Session 3	Oration
Session 4	Oration
Session 5	Oration
Session 6	Key Note Address
Session 7	Panel
	Latent Labour
LUNCH BREAK	
Session 8	Complications of Pregnancy
	Acutely Ill Pregnant Woman
	Scar Dehiscence
	Advances in Management of Atonic PPH
	Placenta Acreta Syndrome
Session 9	Panel
	Trouble-shooting in Caesarean Delivery
VALEDICTORY FUNCTION	



22 December, 2024 (Sunday) | Hall B - GYNAE-ONCOLOGY (Pre-Lunch)

Session	Topic
Session 1	Prevention is Better than Cure
	Ovarian Cancer - Is Prevention Possible?
	Endometrial Cancer - Screening Feasibility
	Cervical Cancer - Preventable, yet to be Prevented
	Breast Cancer - Screening and Early Detection
Session 2	Mixed Bag
	Minimal Access Surgery in Gynae-oncology
	Rare Gynaecological Cancers
Session 3	Oration
Session 4	Oration
Session 5	Oration
Session 6	Key Note Address
	Clinico-pathological Updates in Endometrial Carcinoma
Session 7	Panel
	HPV Positive - What Next?
LUNCH BREAK	

22 December, 2024 (Sunday) | Hall B - UROGYNAECOLOGY (Post-Lunch)

Session	Topic
Session 1	Mixed-Bag
	Role of Vaginal Microflora in Improving Urogenital Health
	Conservative Management Options in SUI
	Laparoscopy in Modern Urogynaecology
	Role of Cystoscopy after Major Gynae-endoscopic Surgeries
Session 2	Panel
	Management of Utero-vaginal Prolapse and its Complications

Session	Topic
Session 1	ICOG Session - 1
	Anaemia in Pregnancy
	Viral Hepatitis in Pregnancy
	Cardiovascular Disorders in Pregnancy
Session 2	ICOG Session - 2
	PPIUCD
	Post-natal Care - Myths & Realities
	Optimization of Breast Feeding
Session 3	Oration
Session 4	Oration
Session 5	Oration
Session 6	Key Note Address
Session 7	Panel
	Medicolegal Aspects in Obstetrics & Gynaecology
LUNCH BREAK	
Session 8	Mixed-Bag
	Vaccination in Pregnancy and Lactation
	Case Scenarios of HIV in Pregnancy
	Role of Vitamin D in Gynaecology
	Calcium Supplementation in Women - Key points & Update
Session 9	Panel
	Misoprostol in Obstetrics & Gynaecology

22 December, 2024 (Sunday) | Hall D (Pre-Lunch)**Free Paper / Poster Session****22 December, 2024 (Sunday) | Hall D (Post-Lunch)****Dr Usha Krishna Quiz - Final**

Conference Registration

Category	Regular Registration (till 30 th November)	Onspot Registration (1 st Dec. Onwards)
FOGSI Member	INR 12,980	INR 14,750
Non FOGSI Member	INR 14,160	INR 16,520
PG Student	INR 8,260	INR 10,030
Accompanying Person	INR 11,800	INR 13,570
Banquet	INR 4,130	INR 4,720

The above fees is inclusive of 18% GST

RESIDENTIAL PACKAGE (REGISTRATION + ACCOMMODATION)

2 NIGHTS/3 DAYS

(CHECK IN:20 Dec. CHECKOUT:22 Dec.)

Till 30th November

Twin Sharing Per Person
(2 Persons Sharing a Common Room)

INR 36,000

Single Room
(1 Person)

INR 52,000

INCLUSIVE OF 18% GST

3 NIGHTS/4 DAYS

(CHECK IN:19 Dec. CHECKOUT:22 Dec.)

Till 30th November

Twin Sharing Per Person
(2 Persons Sharing a Common Room)

INR 46,000

Single Room
(1 Person)

INR 62,000

INCLUSIVE OF 18% GST

ONLY HOTEL ACCOMMODATION (Mayfair Tea Resort, Siliguri)

2 NIGHTS/3 DAYS

(CHECK IN:20 Dec. CHECKOUT:22 Dec.)

Twin Sharing Per Person
(2 Persons Sharing a Common Room)

INR 15,000

Single Room
(1 Person)

INR 30,000

Accommodation Includes Only - Room & Breakfast

3 NIGHTS/4 DAYS

(CHECK IN:19 Dec. CHECKOUT:22 Dec.)

Twin Sharing Per Person
(2 Persons Sharing a Common Room)

INR 22,500

Single Room
(1 Person)

INR 45,000

INCLUSIVE OF 18% GST

ONLY HOTEL ACCOMMODATION (Hotel Sinclairs, Siliguri)

2 NIGHTS/3 DAYS

(CHECK IN:20 Dec. CHECKOUT:22 Dec.)

Twin Sharing Per Person
(2 Persons Sharing a Common Room)

INR 6,000

Single Room
(1 Person)

INR 12,000

Accommodation Includes Only - Room & Breakfast

3 NIGHTS/4 DAYS

(CHECK IN:19 Dec. CHECKOUT:22 Dec.)

Twin Sharing Per Person
(2 Persons Sharing a Common Room)

INR 9,000

Single Room
(1 Person)

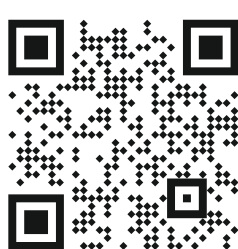
INR 18,000

INCLUSIVE OF 18% GST

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Scan QR Code
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Darjeeling

Darjeeling, the former summer capital of India under the British Raj, has evolved into one of India's most sought-after hill stations. This picturesque hill destination in West Bengal is ideal for a romantic honeymoon. Darjeeling, nestled among acres of tea estates, is 2,050 metres above sea level and thus has a cool climate all year long. Darjeeling is often clubbed with destinations in Sikkim its neighbouring state, making it a perfect starting point for exploring the wonders of the Eastern Himalayas.

Kurseong

Kurseong is a hill town in West Bengal, India, known for its horticulture, pleasant climate, and flora and fauna. It's a popular destination for nature lovers and adventure seekers, and has many tourist attractions.



Gangtok

Gangtok is the capital of the mountainous northern Indian state of Sikkim. Established as a Buddhist pilgrimage site in the 1840s, the city became capital of an independent monarchy after British rule ended, but joined India in 1975. Today, it remains a Tibetan Buddhist center and a base for hikers organizing permits and transport for treks through Sikkim's Himalayan mountain ranges.

Kalimpong

Kalimpong is an east Indian hill town in the Himalayan foothills of West Bengal. Perched on a ridge above the Teesta River, it's home to colonial-era buildings like MacFarlane Memorial Church, named after a Scottish missionary. South, the hilltop Durpin Monastery, or Zang Dhok Palri Phodang, contains sacred Buddhist scriptures. Deolo Park has landscaped gardens and offers views of the town and surrounding hills.



Bengal Safari

The magnificent Bengal tiger at close quarters

An op to see the huge Bengal tiger at close quarters. There are antlers, monkeys, peacock...but it's the big cats that prowl around that's the main attraction. Haven't seen so many of them...and so close as here in this small sanctuary.

ISKCON Temple

Great spacious ISKCON temple. The ambience inside the main temple is captivating with great artistic expressions on the walls and don't forget to look up and see the drawings on the ceiling. Great story telling. The chanting has a Bengali accent but that's the beauty of this ISKCON temple. You would have options to buy souvenirs for family and friends.



Siliguri, the gate way to the North East India is not only of vital importance to the State of West Bengal but India as a whole. Located at the foot of Himalayas on the verge of Terai, it presents the picturesque glimpse of the Himalayan ranges establishing its inmate charm to a visitor. Though the settlement started initially with the tea plantation and a junction station to change over to the Toy train for Darjeeling in 1880 it acquired the status of Sub Divisional town in 1907. Though by thirties it had gained weightage as a town, it was confirmed Municipal status only in 1950.

The independence of India in 1947 provided a boom for the growth of the town with the continuous streams of inflow of refugees from the then East Pakistan. Siliguri is also re-discovered as the most vulnerable nodal point in the narrow corridor that links North Eastern States with the rest of India. Assam rail link in 1951 and broad gauge railway links with New Jalpaiguri in 1962 paved the way for its unquestionable supremacy as a primary trading Centre not only for Assam but also for Bhutan, Sikkim and Eastern Nepal as well. The Chinese aggression in 1962 and the declaration of National Emergency put the town in the strategic map of India with renewed importance.

Siliguri is located in the narrow corridor connecting North-East with the rest of India with Bhutan in the North-East, Bangladesh in the south and Nepal in the west. Proximity to the international borders with Bangladesh, Nepal, Bhutan, and also China places Siliguri at a strategic significance. In respect of trade, commerce and tourist traffic Siliguri occupies an extremely important position for Sikkim, Assam, Nepal, Bhutan and Bangladesh. Presently Siliguri is the hub of the Rail Road net work in the region connecting Assam, North Bengal, Bhutan, Sikkim and Eastern Nepal with the rest of West Bengal and India. The strategic location in the transportation net work of North Eastern India has helped in its growth as a primary trade and distribution centers of North Bengal.

Siliguri is the largest and fastest growing city in North Bengal. The growth rate in decade 1971- 81 was 57.8%. Considering the rapid growth of the city and inadequate facilities, Siliguri was brought under I.U.D.P programme in 1981 and some urgently needed schemes were taken up which provided some immediate relief in the infrastructure facilities and civic services of the city.



Conference Venue

Mayfair Tea Resort Siliguri



Mayfair Tea Resort in Siliguri is a luxurious property located amidst lush tea gardens.

Guests can enjoy a serene and tranquil environment with breathtaking views of the surrounding landscape. The spacious rooms are elegantly adorned with vintage decor and modern amenities.

The property offers a wide range of activities including tea garden tours, cycling, and a spa and wellness center. The breakfast spread is sumptuous and the food is delicious. The staff is courteous and helpful, ensuring a memorable and rejuvenating escape.



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